

Qi Shao

sq2100.com 📧 Google Scholar

Tsinghua University, Beijing, China

📕 Apr. 1997

🖓 github.com/sq2100

I am a PhD candidate in the Department of Mechanical Engineering at the **Tsinghua University**, advised by Prof. **Huichan Zhao**. I am a member of the THU Soft Robotics Research Group, where I conduct research on **soft actuators** and **bio-inspired robotic systems** driven by soft actuators. My research focuses on dielectric elastomer artificial muscles, pneumatic elastomer actuators, and millipede-inspired multi-legged robots.

Education

| Present September 2022 | Department of Mechanical Engineering Tsinghua University, Beijing, China PhD student in Mechanical Engineering (Expected completion: Oct. 2025) Supervisor: Huichan Zhao |
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| July 2022 September 2019 | Department of Mechanical Engineering Tsinghua University, Beijing, China Master's student in Mechanical Engineering Supervisor: Huichan Zhao |
| July 2018 September 2014 | Department of Mechanical and Electrical Engineering Northeast Forestry University, Harbin, China Bachelor of Engineering in Mechatronic Engineering |

🏆 Academic Awards

> Best Poster Award, Bio-inspired, Biomimetics, and Biohybrid (Cyborg) Systems Workshop, IEEE/RSJ IROS 2024, Abu Dhabi, October 2024.

> Outstanding Academic Presentation, The 3rd Annual Academic Conference of the State Key Laboratory of Tribology in Advanced Equipment, December 2024.

Excellent Poster Award, Tsinghua University 734th PhD Forum (Department of Mechanical Engineering), April 2024.

Publications

- [1] Q. Shao, L. Zhou, J. Zhou, X.-J Liu, and H. Zhao*, "Long, Fibrous, and Tailorable Dielectric Elastomer Artificial Muscles via Mask-Free Stamping of Carbon Nanotube Electrodes,". Advanced Functional Materials, Early View, p. 2422905, 2025.
- [2] Q. Shao, X. Dong, Z. Lin, C. Tang, H. Sun, X.-J. Liu, and H. Zhao*, "<u>Untethered Robotic Millipede Driven by Low-Pressure</u> <u>Microfluidic Actuators for Multi-Terrain Exploration</u>," *IEEE Robotics and Automation Letters*, vol. 7, no. 4, pp. 12142– 12149, 2022. (Oral Presentation at ICRA 2023, Best Poster Award at IROS 2024 Workshop.)
- [3] Q. Shao, Q. Xia, Z. Lin, X. Dong, X. An, H. Zhao, Z. Li, X.-J. Liu, W. Dong*, and H. Zhao*, "<u>Unearthing the History with</u> <u>A-RHex: Leveraging Articulated Hexapod Robots for Archaeological Pre-Exploration</u>," *Journal of Field Robotics*, vol. 42, no. 1, pp. 206–218, 2024.
- [4] Q. Shao, X.-J. Liu, H. Zhao*, "Portable, High-Frequency, and High-Voltage Control Circuits for Untethered Miniature Robots Driven by Dielectric Elastomer Actuators,". in 2025 IEEE International Conference on Robotics and Automation (ICRA), Atlanta, USA, 2025. (Accepted)
- [5] Z. Lin, **Q. Shao**, X.-J. Liu, and H. Zhao^{*}, "<u>An Anthropomorphic Musculoskeletal System with Soft Joint and Multifilament</u> Pneumatic Artificial Muscles," *Advanced Intelligent Systems*, vol. 4, no. 10, p. 2200126, 2022.
- [6] J. Zhou, **Q. Shao**, C. Tang, F. Qiao, T. Lu, X.-J. Liu, and H. Zhao^{*}, "<u>Conformable and Compact Multiaxis Tactile Sensor</u> for Human and Robotic Grasping via Anisotropic Waveguides,"*Advanced Materials Technologies*, p. 2200595, 2022.

- [7] C. Tang, B. Du, S. Jiang, **Q. Shao**, X. Dong, X.-J. Liu, and H. Zhao^{*}, "<u>A pipeline inspection robot for navigating tubular</u> environments in the sub-centimeter scale,"*Science Robotics*, vol. 7, no. 66, p. eabm8597, 2022.
- [8] Z. Lin, Q. Shao, B. Du, X.-J. Liu, and H. Zhao*, "<u>Monolithic Soft Fibrous Valves Capable of Generating Air Pressure</u> <u>Cutoff, Maintaining, and Oscillation for Pneumatic Systems</u>," *Advanced Materials Technologies*, vol. 9, no. 8, p. 2301633, 2024.
- [9] X. An, Y. Cui, H. Sun, **Q. Shao**, and H. Zhao^{*}, "<u>Active-Cooling-in-the-Loop Controller Design and Implementation for</u> an SMA-Driven Soft Robotic Tentacle," *IEEE Transactions on Robotics*, pp. 1–17, 2023.
- [10] X. Dong, C. Tang, S. Jiang, Q. Shao, and H. Zhao*, "Increasing the Payload and Terrain Adaptivity of an Untethered Crawling Robot Via Soft-Rigid Coupled Linear Actuators," *IEEE Robotics and Automation Letters*, vol. 6, no. 2, pp. 2405–2412, 2021.
- [11] Y. Cui, W. Yu, J. Li, Q. Shao, D. Weng, G. Yin, X. Zhang, X.-J. Liu, J. Ye*, J. Wang*, and H. Zhao*, "<u>An Automatic Implementation of Oropharyngeal Swab Sampling for Diagnosing Respiratory Infectious Diseases via Soft Robotic End-Effectors</u>," *Chinese Journal of Mechanical Engineering*, vol. 37, no. 1, p. 29, 2024.
- [12] Z. Li, Z. Nie*, H. Zhao, Q. Shao, F. Xie, and X.-J. Liu*, "<u>A Bio-Inspired Deformable Mouthpart Device with Adaptive Control for Negative Pressure Therapy on Unstructured Limb Surfaces</u>," *IEEE Robotics and Automation Letters*, vol. 9, no. 5, pp. 4361–4368, 2024.
- [13] R. Cheng, Q. Shao, X.-J. Liu, H. Zhao*, "Beyond Traversing in a Thin Pipe: Self-Sensing Odometry of a Pipeline Robot Driven by High-Frequency Dielectric Elastomer Actuators,". in 2025 IEEE International Conference on Robotics and Automation (ICRA), Atlanta, USA, 2025. (Accepted)
- [14] Z. Li, Z. Nie*, H. Zhao, **Q. Shao**, F. Xie, and X.-J. Liu*, "Design of a Novel Vacuum Head with Haptic Perception for Negative Pressure Therapy on Limbs," in *2024 Intelligent Robotics and Applications (ICIRA)*, Xi'an, China, 2024.

Teaching Assistant

- **> Fundamentals of Computer Literacy**, Tsinghua University, Fall 2022, Fall 2023.
- > Database Technology and Applications, Tsinghua University, Spring 2023, Spring 2024.

& Academic Services

- > Journal Reviewer:
 - IEEE Robotics and Automation Letters (RA-L)
 - Scientific Reports
- > Conference Reviewer:
 - IEEE International Conference on Robotics and Automation (ICRA)
 - IEEE/RSJ International Conference on Intelligent Robots and Systems (IROS)
 - International Conference on Intelligent Robotics and Applications (ICIRA)